

## Readers Say...

"OnSite Fitness magazine has been a valuable resource to our Y over the past few years. The program and facility highlights and case studies have been used in staff meetings to ignite ideas and facilitate discussions among leadership staff. Thank you."

*Jack Fucci  
Executive Director  
YMCA of Greater Boston  
Oak Square YMCA*

"OnSite Fitness is one of the few magazines I take the time to read in my busy schedule, it is an absolute necessity if you want to keep up with the trends of the non profit fitness market. The articles are concise and to the point. I have made many contacts through the networking articles, like in the issue on fitness and disability. Thank you OnSite Fitness, keep up the good work!"

*Luca Del Borgo  
Sr. Program Director  
Newman YMCA*

"Our YMCA is celebrating its 125th anniversary this year. We have been at the forefront of insuring people's desire to enjoy a better quality of life--staying healthy, having an exercise program, and learning new ways of taking better care of ourselves. OnSite is one publication that helps us move 'wellness' to a higher level. Its work is timely and welcomed in this fast-paced world!"

*Clark Baker  
Chief Executive  
YMCA Houston*

"I have enjoyed the magazine for it's balanced content of information. Whether it be information on programming ideas, facility spotlights, or equipment information there is something I can take and either apply or share with others in our YMCA. Thanks for your dedication to nonprofit facilities!"

*Brian West  
Senior Program Director  
Jorgensen Family YMCA*

"OnSite Fitness magazine is my number one resource for industry news, a must have in my managerial information arsenal."

*Michael Stinson  
Total Health Director  
Atlanta JCC*

"OnSite Fitness magazine is fantastic. We read it cover to cover every month, looking for new ideas and trends in the non-profit fitness field. Additionally, we use the magazine to compare our programs (both in terms of popularity and innovation) with the cutting edge programming published every issue. Thank you."

*Andrew Gillip  
Health and Wellness Director  
Dubuque Community YMCA*

"OnSite Fitness ....the magazine that LOOKS the LOOK and TALKS the TALK for the non-profit fitness & aquatics leadership."

*Gail Levy-Drab  
Director of Health and Fitness  
Mid-Island Y JCC*

## Readers Say...

"OnSite Fitness has been a very useful and educational resource for me for four years. The articles are short, impactful and easy to use as a resource. Real life success stories have been intriguing and the reader can use and modify their ideas.

Please keep moving forward--you are making a positive impact in our industry and you may never know how many wellness professionals and centers are still in business or thriving due to using OnSite Fitness as a resource."

*J. Michael Bennett  
Executive Branch Director  
Victory Family YMCA and  
R.F. Wilkinson Family YMCA*

"I appreciate your magazine. I get so caught up in my workload here at the Mon Valley YMCA that I don't have time to research into the latest fitness news, trends and products. Your publication reminds me that there is an evolving world of fitness out there. Thank you."

*Peggy Herforth  
Health & Fitness Director  
Mon Valley YMCA*

"Great magazine! Very informational! Would recommend to all health and wellness professionals."

*Tamera J. Javier  
Physical/Sports Director  
YMCA of Greater St. Louis  
South County Branch*

"I always look forward to receiving the next issue of OnSite Fitness. The content is always relevant and I appreciate the focus on non-profits. OSF provides great updates regarding the many innovative programs being created in the YMCA and other facilities."

*Michael Iserman, CSCS, ACSM-HFS,  
NASM-CPT, ACE-AHFS  
Director of Personal Training  
YMCA of Greater St. Paul &  
YMCA of Metropolitan Minneapolis*

"OnSite Fitness Magazine is a very reliable, accurate and very interesting publication about current topics, stories, successes in the non-profit world of the fitness industry. My entire staff and I enjoy reading each issue because we know that the articles are very relevant to our everyday jobs and programs. Thank you Chris for such a marvelous, helpful publication."

*Pam Conner  
Wellness Director  
Sarasota Family YMCA*

"OnSite Fitness has provided me with crucial information to keep up on current trends in the fitness and aquatics industry. I have used OSF as a resource for new programming ideas numerous times, along with sharing articles with members and other staff!"

*Jennifer Eggleston  
Aquatic and Group Exercise Director  
Monroe County YMCA*